

FREE ADULT *HYBRID* YOGA CLASSES

SATURDAY MORNINGS AT THE NORTHEAST BRANCH!

TUNE IN VIRTUALLY, OR COME TO THE
NORTHEAST BRANCH TO JOIN THESE
HYBRID YOGA CLASSES!

THESE ONE-HOUR CLASSES ARE PERFECT FOR THE
BEGINNER AND SUITABLE FOR
ALL EXPERIENCE LEVELS.

THERE WILL BE A VIRTUAL OPTION AS WELL.

YOGA MATS ARE AVAILABLE!

ANITA IS A CERTIFIED YOGA TEACHER AND
HEALTH COACH.

THESE CLASSES ARE PERFECT FOR INDUCING
FLEXIBILITY, TONING MUSCLES AND CULTIVATING
INNER PEACE.

Northeast Branch
Library
1348 N. 11th St.
Reading, PA 19604



11am-12pm



Have a question?

Please call: (610) 655-6361



To register for the online option:
rplne@readingpubliclibrary.org



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